4 Tips on Consuming Food Safely

1. Wash your hands thoroughly with soap and water before eating.

2. Only buy food from licensed food operators. If you are unsure, check with your supervisor or the dormitory operator.

3. Do not eat food left in room temperature for more than 4 hours.

4. Observe the appearance, texture and smell of food. Do not eat food that has turned 'sour', have a 'bad-taste' or have a foul smell.